

# INCLUSION FESTIVAL PROGRAM

JULY 14-16, 2023

KEMPTON, PA

FREE TICKET SPONSOR



LEVITT  
FOUNDATION





ACCESSIBLE  
FESTIVALS



Learn  
more!

Inclusion Festival 2023 is produced by the nonprofit Accessible Festivals, dedicated to making live music and recreation experiences accessible to ALL.

Please visit the ACCESS CENTER to ask questions or to learn more about the accessibility features of Inclusion Festival!



## Inclusion Festival 2023



### Map Guide

- M: Main Stage
- C: Connection Zone
- Chill: Chill Zone
- G: Gazebo
- P: Play Zone
- Art: Art Zone
- V: Vendor Village

- A: Access Center
- R: Restroom

#### Camping & Parking

- DP: Day Parking
- AC: Accessible Camp
- GC: General Camp
- RC: Remote Camp
- RV: RV Camp



# RULES & HEALTHY TIPS

**Stay Hydrated!** Free filtered water bottle refills are available at the Access Center. Inclusion Festival water bottles are available for purchase.

**Relax or Play in a Sensory Zone!** Each zone offers tools, amenities, and inspiration to promote mindfulness and relaxation.

**Visit the Access Center!** If you have general information questions, need a guided venue tour, a golf kart ride, or anything else please visit our Access Center where friendly staff is available to help.

**Practice Fire Safety!** Please keep all campfires in raised pits and dispose of ash properly. Do not dump ashes on the ground!

**Practice NO MOOP (Matter Out of Place)!** Please treat the grounds with care. Dispose of all waste in the cans provided and if you see litter, pick it up!

**Consider Those Around You!** If you choose to smoke, please refrain from doing so in crowded areas. If you choose to drink, please do so respectfully and responsibly. If you have a pet or service animal with you, please keep them leashed at all times.

**Rest is Important!** We encourage you to get plenty of rest and to respect those around you by keeping noise in the campgrounds to a minimum from 11pm to 8am.

**Be Mindful!** Mindfulness involves maintaining a non-judgemental present-moment awareness of our thoughts, feelings, sensations, and surroundings. We invite you to tune into your present-moment needs, feelings, and intentions and choose an activity that is just right for you right now.



# FRIDAY SCHEDULE

Time	Main Stage	Connection Zone	Gazebo	Chill Zone
11:00 AM			Opening Ceremony	
11:30 AM			11am - 12pm	
12:00 PM		Chakra Mandala	Strut Your Stuff	
12:30 PM		Meditation 12pm - 1pm	12pm - 1pm	
1:00 PM	Kevin Rovner Band			Everyone Can
1:30 PM	1pm - 2pm			Drum
2:00 PM		Open Mic + Karaoke		1pm - 2pm
2:30 PM		2pm - 2:30pm		
2:30 PM	The Middle Ages			Silent Disco Dance
3:00 PM	2:30pm - 3:30pm	Crystal Healing		Party
3:30 PM		3pm - 3:30pm		2pm - 3pm
3:30 PM		Open Mic + Karaoke	Make/Take Percussion	
4:00 PM	Young Lion	3:30pm - 4pm	3:30pm - 4pm	
4:30 PM	4pm - 5pm			Inclusive Dance Class
5:00 PM		Music with Corey	Community Conversation	
5:30 PM		5pm - 5:30pm	5pm - 6pm	
5:30 PM	The Taxmen			
6:00 PM	performing The Beatles' "Sgt. Pepper's" album		Juggling for ALL	
6:30 PM	5:30pm - 7pm		6pm - 7pm	
7:00 PM		Dirty Mae Unplugged		Fire Safety
7:30 PM		7pm - 7:30pm		7pm - 7:30pm
7:30 PM				*hosted at Fire Area
8:00 PM	Miss Cantaloupe			Silent Disco Dance
8:30 PM	performing Fleetwood Mac's "Rumours" album			Party
9:00 PM	7:30pm - 9pm			7:30pm - 9pm
9:00 PM		Liz Bills - Acoustic		
9:30 PM		9pm - 9:30pm		
9:30 PM				
10:00 PM	Flux Capacitor			
10:30 PM	9:30pm - 11:00pm			
11:00 PM				
11:30 PM		Sound Meditation w/ Ben Lee		Lee Ross
12:00 AM		11:11pm - 12:22am		11:11pm - 1:11am
12:30 AM				
1:00 AM				
Late Night				Silent Disco
				1:11am - ???



# SATURDAY SCHEDULE

Time	Main Stage	Connection Zone	Gazebo	Chill Zone
9:00 AM		Sound Meditation 9am - 10am	Linoleum Printing 9am - 10am	
9:30 AM				
10:00 AM	Chakra DJ Medi Music Mix 10:10am - 10:44am	Wild Soul Movement 10am - 11am	Garden Success 10am - 11am	
10:30 AM				
11:00 AM	Liz Bills & the Change Yoga Jam w/ Ecstatic Dance 11am - 12:30pm	Splatter Paint Art 11am - 12pm		
11:30 AM				
12:00 PM			Build a Sensory Toolkit 12pm - 1pm	
12:30 PM		Open Mic/Karaoke 12:30pm - 1:00pm		
1:00 PM	Mums the Word 1pm - 1:45pm			Silent Disco Dance Party 1pm - 2pm
1:30 PM		Open Mic/Karaoke 1:45pm - 2:15pm		
2:00 PM	The Arato Brothers 2:15pm - 3pm <i>Eg</i>			Songwriting Workshop 2pm - 3pm
2:30 PM				
3:00 PM	Grateful Drumming 3pm - 3:30pm	Makeup Party 3pm - 4pm		Sign Language 3pm - 4pm
3:30 PM	Knorrwood 3:30pm - 4:30 pm		"Circle of Nature" Parade Meetup: 4:15pm Parade: 4:30pm-5pm	
4:00 PM				
4:30 PM				
5:00 PM	Dirty Mae 5pm - 6pm <i>Eg</i>		Hoop Dance for ALL 5pm - 6pm	
5:30 PM				
6:00 PM		Inclusion Comedy 6pm - 6:30pm	Community Conversation 6pm - 7pm	Fire Safety* 6:30pm - 7pm *hosted at Fire Area
6:30 PM	Darlington 6:30pm - 7:30pm <i>Eg</i>			
7:00 PM		Inclusion Comedy 7:30pm - 8pm		
7:30 PM				Silent Disco Dance Party 7:30pm - 9pm
8:00 PM	Gooch & the Motion 8pm - 9pm <i>Eg</i>			
8:30 PM				
9:00 PM		Inclusion Comedy 9pm - 9:30pm		
9:30 PM				
10:00 PM	Inclusion Family Jam 9:30pm - 11pm <i>Eg</i>			
10:30 PM				
11:00 PM		Chakra DJ Medi Music Mix 11:11pm - ???		A Grateful Dead Dance Party for All 11:11pm - ???
11:30 PM				
12:00 AM				
12:30 AM				
1:00 AM				
Late Night		Sound Meditation 1:11am - ???		Silent Disco Dance Party 1:11am - ???





# MUSIC SCHEDULE

## FRIDAY, JULY 14

Time	Artist Name	Instagram	Location
1-2pm	Kevin Rovner Band	@kevin.rovner	Main Stage
2-2:30pm	Open Mic / Karaoke	@lisamoyoga	Connection Zone
2:30-3:30pm	The Middle Ages	@thelegendarymiddleages	Main Stage
3:30-4pm	Open Mic / Karaoke	@loleeguacamole	Connection Zone
4-5pm	Young Lion	@younglionreggae	Main Stage
5-5:30pm	Music with Corey	@musicwithcorey	Connection Zone
5:30-7pm	The Taxmen perform "Sgt. Pepper's Lonely Hearts Club Band"	@thetaxmennepa	Main Stage
7-7:30pm	Dirty Mae Unplugged	@dirtymaemusic	Connection Zone
7:30-9:00pm	Miss Cantaloupe performs "Rumours"	@miss.cantaloupe	Main Stage
9-9:30pm	Liz Bills & the Change - Acoustic Set	@lizbills	Connection Zone
9:30-11pm	Flux Capacitor	@thetaxmennepa	Main Stage
11:11 PM	Lee Ross	@leerossmusic	Chill Zone



**Flux Capacitor**

Fri, 7/14, 9:30-11pm, MAIN STAGE



**Lee Ross**

Fri, 7/14, 11:11pm, CHILL ZONE



# MUSIC SCHEDULE

## SATURDAY, JULY 15

Time	Artist Name	Instagram	Location
10am-10:44am	Chakra DJ	@kamau_the_chakra_dj	Main Stage
11am-12:30pm	Liz Bills & the Change Yoga Jam w/ Ecstatic Dance	@lizbills	Main Stage
12:30-1pm	Open Mic / Karaoke	@lisamoyoga	Connection Zone
1-1:45pm	Mums the Word	@mumsthewordmusic	Main Stage
1:45-2:15pm	Open Mic / Karaoke	@loleeguacamole	Connection Zone
2:15-3pm	The Arato Brothers	@arato_brothers_band_official	Main Stage
3-3:30pm	Grateful Drumming	@joethedrummer4791	Main Stage
3:30-4:30pm	Knorrwood	@knorrwoodmusic	Main Stage
4:30-5pm	"Circles of Nature Parade" w/ Mums the Word and Tina Spinz	@mumsthewordmusic	Gazebo
5-6pm	Dirty Mae	@dirtymaemusic	Main Stage
6:30-7:30pm	Darlingtyn	@darlingtyn	Main Stage
8-9pm	Gooch & the Motion	@goochandthemotion	Main Stage
9:30-11pm	Inclusion Family Jam	@justinmazer; @alexluquet; @johnmorgankimock	Main Stage
11:11pm-1:11am	A Grateful Dead Dance Party for All	@deadandcompany	Chill Zone

**Justin Mazer**

**John Kimock**

**Alex Luquet**

**Ryan Gochin**

**Liz & Tina**

**Inclusion Family Jam** <sup>47</sup>  
Sat, 7/15, 9:30-11pm, MAIN STAGE

**The Middle Ages**  
Perform the  
Inclusion  
theme song!  
Songwriting  
Workshop  
Sat 9:2pm

**Gooch & the Motion** <sup>47</sup>  
Sat, 7/15, 8-9pm, MAIN STAGE



# WORKSHOPS & ACTIVITIES

## FRIDAY, JULY 14

Time	Workshop Title	Facilitator	Description	Wheel of Life Categories	Location
11-12pm	Opening Ceremony	Amy Pinder & Leah Barron	Intention setting, grounding exercises, and group movement that will help us shift into our best selves to start the weekend	Connection Social	Gazebo
12-1pm	Strut Your Stuff	Sherry Ryan	An improvisational, exploration of revitalizing free flow movement	Health Fun	Gazebo
12-1pm	Chakra Mandala Meditation	Lindsay Jamison	Learn a simple set of mantra meditation techniques to activate, cleanse and balance	Connection Fun Learning	Connection Zone
12:30-1pm	Open Mic / Karaoke	Lisa Mo & Loly Kinney	Share your musical talents in a comfortable and non-judgemental setting	Fun Social	Connection Zone
1-2pm	Everyone Can Drum	Dave Miller & Sheryl Glover	Show us your rhythm and let's groove together in a drum circle	Fun Learning	Chill Zone
2-3pm	Silent Disco Dance Party	Silent Sound System	Dance like nobody is watching with headphones on our light up dancefloor!	Fun Health Social	Chill Zone
3-3:30pm	Crystal Healing	Ricky Williamson	A demonstration and discussion about how crystals work for healing	Health Learning	Connection Zone
12:30-1pm	Open Mic / Karaoke	Lisa Mo & Loly Kinney	Share your musical talents in a comfortable and non-judgemental setting	Fun Social	Connection Zone
3:30-4pm	Make/Take Percussion	Dave Miller & Sheryl Glover	Make your own percussion shakers and practice	Fun Learning	Gazebo
3:30-4pm	Open Mic / Karaoke	Lisa Mo & Loly Kinney	Share your musical talents in a comfortable and non-judgemental setting	Fun Social	Connection Zone
4-5pm	Inclusive Dance Class	Sofia Blasco of The Dancer Movement	Learn a dance to "With a Little Help From My Friends" (The Beatles) and "Go Your Own Way" (Fleetwood Mac) and perform it along with artists who will be on stage later in the day!	Health Social Fun	Chill Zone
5-6pm	Community Conversation	Amy Pinder	Listen, learn, share, as we amplify disabled voices	Social Learning	Gazebo
6-7pm	Juggling for ALL	Benjamin Berry	Various props and accessible progressions will make juggling achievable for all levels	Health Fun Learning	Gazebo
7-7:30pm	Fire Safety Meeting	Sarah DeRemer	Mandatory meeting for experienced fire spinners who would like to participate in tonight's burn circle	Fun Learning	Fire Area
7:30-9pm	Silent Disco Dance Party	Silent Sound System	Dance like nobody is watching with headphones on our light up dancefloor!	Fun Health Social	Chill Zone
11:11-12:22am	Sound Meditation	Ben Lee	Vibration and sound from gongs will gently uplift and ground you	Health Connection	Connection Zone
11:11-12:22am	Silent Disco Dance Party	Silent Sound System	Dance like nobody is watching with headphones on our light up dancefloor!	Fun Health Social	Chill Zone



**LEARN MORE!**





# WORKSHOPS & ACTIVITIES SATURDAY, JULY 15

Time	Workshop Title	Facilitator	Description	Wheel of Life Categories	Location
9-10am	Sound Meditation	Ben Lee	Vibration and sound from gongs will gently uplift and ground you.	Health Connection	Connection Zone
9-10am	Linoleum Printing	Dave Thomas	Print your own Inclusion Festival print and learn about print making.	Fun Learning	Gazebo
10-11am	Wild Soul Movement	Alexandra Jenusaitis	Think of these sessions like work-ins - rather than workouts.	Health Fun Connection	Connection Zone
10-11am	Garden Success	Alex Shambo	Learn to nurture seeds and grow healthy plants	Environment Learning	Gazebo
11-12pm	Splatter Paint Art	Shelby Errico	A stress free, messy as you want it to be, artistic experience!	Fun Learning	Connection Zone
12:30-1pm	Open Mic / Karaoke	Lisa Mo & Loly Kinney	Share your talents in a comfortable and non-judgemental setting	Fun Social	Connection Zone
12-1pm	Sensory Bliss: Build a Sensory Toolkit	Lauren Melissa	Come build a sensory joy toolkit tailored to your sensory preferences!	Environment Health Learning	Gazebo
1-2pm	Silent Disco Dance Party	Silent Sound System	Dance like nobody is watching on our lighup dancefloor!	Fun Health Social	Chill Zone
1:45-2:15pm	Open Mic / Karaoke	Lisa Mo & Loly Kinney	Share your talents in a comfortable and non-judgemental setting	Fun Social	Connection Zone
2-3pm	Songwriting Workshop	Taraleigh & Dan Weathers (The Middle Ages)	Word games and creative exercises will unlock your imagination and ignite your songwriting prowess. Help co-write the Inclusion Theme Song!	Fun Learning	Chill Zone
3-4pm	Make Up Party	Ash Marie & Ginny Gogarty	Come get glitz'd and glam'd with us!	Environment Social Fun	Connection Zone
3-3:30pm	Grateful Drumming	Joe Clavella	A drum workshop for everyone! No prerequisites - all are welcome! Bring an open mind and end the experience jamming along with Knorrwood's first song!	Fun Learning Social	Main Stage
3-4pm	Sign Language	Ian Sanborn	Sign Language, Story, Dance, Improvise, Interaction, and fun are the goals!	Career Social Learning	Chill Zone
4:30-5pm	"Circles of Nature" Parade	Tina Spinz & Mums the Word	Meetup at 4:15! Parade starts at 4:30pm	Social Fun	Gazebo
5-6pm	Hoop Dance for ALL	Benjamin Berry	Learn some accessible hoop dance skills and put them together into fun group choreography	Health Fun Learning	Gazebo
6-6:30pm	Inclusion Comedy	Méla Shea (host)	Laugh outloud in the lounge! Features a very inclusive lineup of comedians.	Fun	Connection Zone
6-7pm	Community Conversation	Amy Pinder	Listen, learn, share, as we amplify caregiver voices.	Career Social Learning	Gazebo
6:30-7pm	Fire Safety Meeting	Sarah DeRemer	Mandatory meeting for experienced fire spinners who would like to participate in tonight's burn circle.	Fun Learning	Fire Area
7:30-8pm	Inclusion Comedy	Méla Shea (host)	Laugh outloud in the lounge! Features a very inclusive lineup of comedians.	Fun	Connection Zone
7:30-9pm	Silent Disco Dance Party	Silent Sound System	Dance like nobody is watching on our lighup dancefloor!	Fun Health Social	Chill Zone
9-9:30pm	Inclusion Comedy	Méla Shea (host)	Laugh outloud in the lounge! Features a very inclusive lineup of comedians.	Fun	Connection Zone
11:11 PM	Medi Music Mix	Chakra DJ	Experience a variety of sounds through the source of digital music access to facilitate relaxation.	Fun	Connection Zone
1:11 AM	Silent Disco Dance Party	Silent Sound System	Dance like nobody is watching on our lighup dancefloor!	Fun Health Social	Chill Zone
1:11 AM	Sound Meditation	Ben Lee	Vibration and sound from gongs will gently uplift and ground you.	Health Connection	Connection Zone



# WORKSHOPS & ACTIVITIES

## SUNDAY, JULY 16

Time	Workshop Title	Facilitator	Description	Wheel of Life Categories	Location
9-10am	Kundalini: Working on Forgiveness	Ally O'Kane	Forgiveness is a small price to pay for the prosperity it brings	Health Connection	Gazebo
10-11am	Ground & Root	Ira Berezhna	Mindfulness through plants and nature	Connection Environment Learning	Connection Zone
11-12am	Harmony in Motion (Gentle Yoga w/ Live Music from Dirty Mae)	Ben Curtis & Cassie Fireman (Dirty Mae)	Join us as we wind down our weekend with relaxing poses and soothing sounds that will leave you feeling refreshed, restored, and ready to rock	Connection Health Fun	Gazebo
12-12:30pm	Closing Ceremony	Amy & Leah	Intention setting, reflecting, and community-building experiences that will encourage us to carry the messages of Inclusion far beyond the festival grounds	Environment Learning Social	Gazebo

## ONGOING ACTIVITIES

Time	Activity	Description	Wheel of Life Categories	Location
Ongoing	Listening Lounge	Try out technology that supports a controlled Main Stage listening experience, including Silent Sound System headphones and Basspaks	Connection Fun	Main Stage Area
Fri & Sat, Sunset	Fire Performances	Performances facilitated by Whirled Dreams. Fire circle is open to all experienced spinners who attend the fire safety meeting.	Connection Fun	Fire Area
Ongoing	Community Art Wall	Do you like to paint? Join us in creating together at our community art wall! No experience necessary, express yourself however you feel in the moment. Everyone is an artist at Inclusion Festival! We will have a special Wheel of Life canvas this year so you can add your special touch to our theme this year.	Connection Fun	Art Zone
Varied	DIY Circus Toy Crafting	Stop by the Art Zone to check out our free make/take activities! On Friday participants can make their own juggling balls (very sensory friendly) between noon and 6pm and on Saturday they can decorate their own hula hoop between 1pm-2:30pm.	Connection Fun Learning	Art Zone
Ongoing	Open Skill Share Circus Jam	Extra circus toys will be available to use at the Art Zone for spontaneous pop-up exploration. Benjamin and other volunteers will happily give you some ideas for play and support your creativity in a laid-back setting.	Connection Fun Learning Social	Art Zone
Fri, 9:30pm	LED Circus Toy Jam	Bring your own LED prop or borrow one at the Art Zone Friday night at the beginning of Flux Capacitor's set between 9:30pm-10pm	Connection Fun Learning	Gazebo
Ongoing	Disability Simulation	Build empathy and understanding by participating in activities that simulate living with a disability at the Abilities in Motion vendor booth	Connection Learning	Abilities in Motion (vendor)
Sat & Sun; 9am-11am	Open Showers	Get refreshed with a quick shower, available to all attendees and participants	Health Fun	Behind Main Stage
Ongoing	Selfie Station & Art Wall	Work together to create an art wall and take a selfie at the Mountain Laurel Catering booth	Connection Fun Social	Mountain Laurel Catering (vendor)
Ongoing	Festquest	A festival-wide game that guides and rewards players for participating in the festival experience	Connection Fun Social	Connection Zone
Ongoing	Costume Kitchen	Guests will be welcomed, inspired, and encouraged to visualize, design, and try on various costumes and pieces, for the purpose of experimentation, fun, and self-discovery	Connection Fun Social	Connection Zone
Ongoing	Art Gallery	Come browse and purchase art from the talented local artists who will have vendor booths setup in the Art Zone. We will also have a coloring station if you would like to doodle, color or express yourself	Connection Fun	Connection Zone
Ongoing	Medi Mix Music Sessions	Chakra DJ will facilitate relaxing experiences through a variety of sounds through the source of digital music access	Connection Health	Connection Zone



# VENDORS & PARTICIPANTS

## Onsite Sponsors

**Abilities in Motion**  
**Step By Step Inc.**  
**Mountain Laurel Catering**

## Food Vendors

### **Dunda's Kitchen**

Farm-to-table meats and seasonal vegetables and breakfast with gluten free and vegan options. Iced and hot herbal and adaptogenic teas.

### **Michael's Concessions:**

Classic fair food offerings like fries, burgers, chicken tenders, tacos, pierogis, smoothies and more!  
Gluten free options.

### **You're Grounded:**

Meat or vegetable patties served over wholesome gluten free grains topped with sauces and vegetables. Breakfast, coffee, and baked goods with gluten free and vegan options.

### **Stef's Cereal Bar:**

Free cereal buffet; nonprofit organization that also feeds communities in need.

## Free Ticket Sponsor

**Levitt Foundation**

## Information Vendors

James Emmett and Company  
PA Treasury

## Product Vendors

A.D.H.Bead  
Creative Court Arts  
The Crystal Spirit  
della Terra Organics  
Hand Eye Heart Designs  
Hippie Henna Chick  
Grateful Acres  
Moody Chews  
Mother Turtle Herbals  
Photo Booth Over There  
Picasso Moon  
Sacred Rose Herb & Root Magick  
Sebdo Creations  
Smoldering Ash's Designs  
Spell Jar Bar  
Tuttle Apiary

## Visual Artists

Lindsay Jamison  
Sunny (Jahn) Beach  
Mo Taylor  
Ash Marie  
Court Zietler  
Allyssa Gilbert  
Jenny Mathews



# VENDORS & PARTICIPANTS

## Directors

Amy Pinder  
Leah Barron

## Planning Team

Ben Grim  
Ira Berezhnaya  
Jessica Toyber  
Max Papperman

## ASL Team

Jeremy Little  
Victori May  
Stefanie Meilinger  
Ivan Rosario

## Comedy Team

Méla Shea (host)  
Michael Lawrence  
Martin Pavkovic  
Will Devokees  
Russell Austin  
Taury Seward  
Kakisha Williams

## Connection Zone

Chakra DJ  
Costume Kitchen  
Crystal Spirit  
Festquest  
Lindsay Jamison Art  
Photo Booth Over There  
Sonic Alchemy

## Decorations

KorKReations  
Lindsay Jamison Art  
Jessica Toyber

## Hospitality

Ruth Whitney

## MC's

Majik Mike  
Méla Shea  
Taraleigh Weathers

## Production

Altered Light  
Assorted Studios  
Michael Deary  
Jessica Toyber  
Silent Sound System  
Sonic Bloom Productions

## Event Safety

Grounded Roots Event Safety

## Wellness

New Morning Holistic Health

***Thank you to EVERY body  
who helped to make this  
experience possible!***



# SPECIAL THANKS TO OUR SPONSORS & PARTNERS!



FREE TICKET SPONSOR



LEVITT  
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